



Palmerston Local

COLOUR ME CREATIVE EXHIBITION!

Colour Me Creative showcases a fabulous selection of work from a group of eight Palmerston artists, and invites you to express your own creativity in an explosion of colour. Learn about the process behind the pieces at our artist talk (Saturday 7th September) or pop in any time to snap a selfie, talk to the artists, browse art, or get crafty at our colouring & collage table.

With work from: Kristen Breet, Leanne Breet, Annemieke Brok, Alicia Hall, Dianne Lewis, Christine Leov-Lealand, David Peterson, and Zenobia Southcombe

Wednesday - Saturday: 10am-4pm; ends 7th September

<https://www.facebook.com/events/1029709282065877/1029709338732538/>

From the Editor:

September 1st - Happy Fathers Day to all the Dads out there!

Spring is Springing! Yay!

What is happening this month?

-Support Palmerston Creatives at Colour Me Creative in Oamaru until 7th September.

-Crop Swap 14th Sept.

-First Aid Course, Plunket - 16th

-Garden Thyme Markets -

Fundraiser for St Johns - 21st

-Crank Up 2024 - EO Vintage

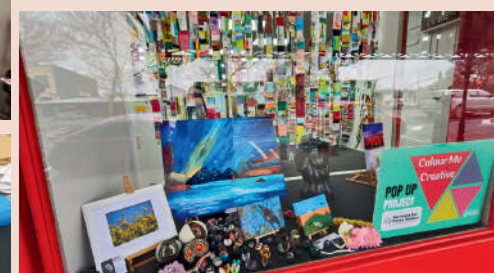
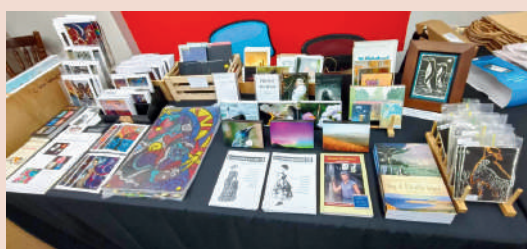
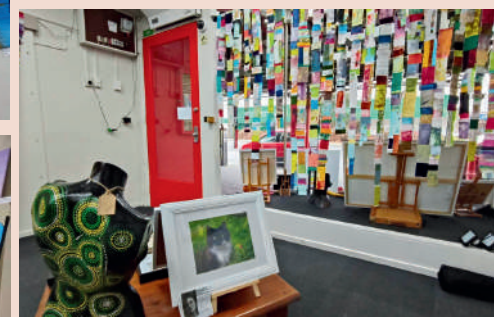
Machinery Club - 21st & 22nd

Hubby and I are away overseas September through to the start of November, so my very trusty team member Zenobia is going to be the Sub-Editor while I am out of the office. Will send a few photos if I can. Catch up with you in a couple of months. Have a great September and October!!

Dianne Lewis




Contributions for October issue due by 20th September.




SPRING



Puketapu
Radio**756am**

- ☑ Waihemo Museum
- ☑ Information 
- ☑ Souvenirs
- ☑ Giftware
- ☑ Second Hand Books



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Celebrate Dads with us!

This Father's Day, show your appreciation with our fantastic gift selection, we have the perfect gifts for every dad out there. Visit us today!



September 1st 2024





Palmerston Playcentre.

It was Messy Play Week at Playcentres throughout the country, from 19-23 August. At **Palmerston Playcentre** we regularly have playdough, paint, gloop and other tactile experiences available for the tamariki to explore. Here's why:

Messy play is incredibly powerful for young children in ways that we adults sometimes struggle to recognise. Children yearn for opportunities to touch and interact with their world; they seek the power to manipulate and change materials. For children, messy play is magical because it is liberating and fun, because it is fun it is absorbing, and because it is absorbing it stimulates their brain development.

When we think about messy play, we think about substances like playdough, paint, sand and mud..., which invite hands-on and open-ended exploration. Messy Play engages children in self-directed and open-ended play; when children are completely in charge, their thought processes are driving what unfolds and they are empowered to manipulate and mix things and work stuff out, there is no 'right way' to do it, no particular objective to achieve. As Nathan Wallis says, through messy play, "children get to be little scientists, encountering problems and working out solutions, which is the foundation of creativity and innovation." Tamariki develop creativity and resourcefulness, as well as the confidence to try things out.

When adults recognise the importance of messy play for their child's development and provide opportunities for unstructured exploration, they help instill in their child the messages that they are capable, resourceful and independent; that they have agency in their learning and that this is valued.

Credit to Kate Barber, Playcentre parent and editor of Family Times.



Palmerston First Aid Courses

Monday 16 September 10.00 – 11.30

Venue: Plunket Rooms, Palmerston Community Centre 104A Ronaldsay Street, Palmerston

- \$15 per person.
- Aimed at parents of babies and toddlers: covers primary assessment, CPR, choking, RSV, meningitis, poisoning, burns, breaks and head injuries.
- Informal session: children welcome.
- **Bookings Essential as spaces are limited:** Email annabel.kuzma@plunket.org.nz

Kotahi mano ngā rā hiki te oranga mō ngā tipuranga i roto i te hāpori
In the first 1000 days setting the path of wellness in our communities, for generations to come

Being prepared is one of the most useful activities individuals, whanau and community can do to help each other respond to and recover from, emergencies. In a few simple steps you and your family can become prepared for any disaster!



1 Learn Your Hazards

Understanding hazards, risks and easy mitigation strategies is an important part of preparedness.
Activity: Find out about the hazards that may impact you by heading to the Otago Regional Councils **Natural Hazards Portal**

2 Have a Prep Talk!

Bring the family around the dinner table and make a plan! Think about your emergency supplies, where you might meet if you can't get home and what would you do with no power, internet or running water? Remember to include pets, babies and those who may need extra assistance.
Activity: Make a household plan tonight!

3 Have a Grab Bag!

If you have to evacuate, you will need essential items that you can carry with you. It's ideal to store these items in a grab bag, ready to take if you have to leave in a hurry – but if that's out of reach right now, figure out what you've already got in your where/home, and make sure you know where these items are kept so you can grab them quickly. If you can, ensure that everyone has easy access to a grab bag at mahi/work and at home. You can store a grab bag in your car so that you are never far from it!
Activity: Items to go into your grab bag

4 Stay Informed!

It's important to know the different ways you can stay informed during an emergency. Listen to your radio, follow social media and websites plus take notice of any instructions if you receive an Emergency Mobile Alert.
Activity: Follow **Otago CDEM** and **Waitaki District Council** on Facebook, make sure you have a transistor (with spare batteries) or solar powered radio and tune into one of these **Radio Stations in Waitaki** during an emergency.

5 Stay Connected!

Get to know your neighbours and wider community – in an emergency you'll be able to help each while Civil Defence and emergency services are busy helping those who need them most.
Activity: Find out how you can get involved in your community
You can find more preparedness information here:
<https://www.otagocdem.govt.nz/>

www.otagocdem.govt.nz

Waihemo Wastebusters are planning a Repair Cafe for October 19th 2024!

If you are interested in becoming involved as a volunteer and/or repairer on the day, please get in touch through email, fb messenger or speak to our staffvolunteers at WOW on Wednesday, Friday or Sunday 11am-4pm.



For more information about Repair Cafe's and International Repair days have a look at <https://openrepair.org>

Waihemo Community Board.

Next meeting: Monday 2nd September at 6pm in the Waihemo Service Centre Board Room To register to speak at the Public Forum follow the link: <https://www.waitaki.govt.nz/Council/Council-Meetings> on the WDC Website Public Forum.

**Heather McGregor
Chairperson
Waihemo Community Board.**



**Daffodil Day
30th August 2024**

Daffodil Stalls will be at:

- Waihemo Pharmacy, Palmerston
- Four Square, Palmerston
- Night & Day, Hampden

Please support this cause which goes in to Cancer research.
1 in 3 New Zealanders are affected by Cancer in their lifetime.



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Phone: 027 473 9971



Gardening With Di Corner

Spring has made a welcome arrival and your garden will be starting to come alive again! It's time to start planting spring crops and get your piece of paradise into tip top shape for the warmer months. Remove the last winter crops from the vege patch to make room for new season plants and plan where to plant new season blooms to brighten up your outdoor space.

Blend **Tui Compost** and **Tui Sheep Pellets** into garden beds in preparation for the upcoming growing season. If you haven't already done so, dig in green crops such as mustard and lupins.

Popular crops for planting in spring include: beans, beetroot, broccoli, carrots, celery, lettuce, peas, potatoes, spinach, and spring onions. Keep an eye out for weeds. As soon as the soil warms up, everything - including weeds - will start to grow.

Finish picking the last of the citrus crops and plant new season citrus trees for fresh fruit at your fingertips. Get your strawberry plants in the ground if you haven't already. A good rule of thumb is to plant five strawberry plants for each member of the household.

Source: Tui Garden tuigarden.co.nz/planting-calendar
 Happy Gardening until next time!

Dianne

Crop Swap Palmerston

Second Saturday of each month from 10am
 At the Palmerston Sports Hall
 Gilligan Street Palmerston

14th September '24 Gold Coin Entry

Things you might bring for swapping:
 fruit, vegetables, herbs, flowers
 seeds, seedlings, plants
 eggs, starters, home baking
 books, magazines, tools
 jars, egg cartons, plant pots

See you there



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 Waihemo Wastebusters - Palmerston recycling centre and reuse shop



Critter of the Month: *Bombus Terrestris*

Bombus terrestris is also known as the “large earth” bumblebee (or, my favourite name, the “buff-tailed” bumblebee, after their fluffy white bottom). They’re the most common bumblebee in Aotearoa, but were only introduced here in the late 1800s, to help pollinate red clover.

Before the invention of nitrogen fertiliser, red clover was grown to supply nitrogen, an essential nutrient for leafy plant growth and important for pastoral fields. Plants in the legume family – like peas, beans, and clover – have small nodules on their roots which help ‘fix’ nitrogen in the soil.



Buff-tailed bumblebee (Bombus terrestris) on a leek flower during summer.



Buff-tailed bumblebee (Bombus terrestris) inside a foxglove flower.

Farmers at the time were needing to re-sow their pastures, and if they weren’t able to get the clover flowers pollinated then the seed wouldn’t set, and they had to pay for it to be imported from England. Instead, they paid a sum of 300 pounds to ensure the introduction of bumblebees to New Zealand, via the acclimation society.

As the weather begins to warm up, you will start seeing more buff-tails around – along with our other pollinating insects like butterflies, moths, flies, and honeybees. Bumblebees are often first on the scene as they are better equipped to handle the cooler temperatures, in part due to their fuzzy exterior.

Bumblebees are excellent pollinators because their proboscis (tongue) is longer than honeybees’ and can get into tubular flowers. Bumblebees can do the work of 50 honeybees, and in an enclosed glasshouse can pollinate a whopping 450 flowers an hour.

Photographs and text by Zenobia Southcombe. You can read her weekly garden wildlife newsletter at DwindleRiver.substack.com

Palmerston Volunteer Fire Brigade August Update



Open Fire Season

Coastal Otago has now moved into an Open Fire Season, burning is now permitted when safe to do so. Please check weather conditions and forecast before lighting any fire.

Home Fire Safety

With cooler weather and winter approaching now is a good time to have your chimney cleaned and to have a supply of well-seasoned dry firewood available. Also a good idea to check that your smoke alarms are all working and think about any additional alarms you may need. We can assist with smoke alarms and home fire safety visits.

Volunteers Wanted

New members are wanted to join our brigade, if you are interested in becoming a volunteer and would like to find out more information please contact CFO Gary Johnston on 0272272152 or any member of the brigade.

Fire calls for the period are as follows: Alarm activation x 1, Tractor fire x 1, Vegetation fires x 1 and False alarms x 1.



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Location: 193 Main Road, Waikouaiti.
Hours: Thursday-Monday, 12-4pm



Joe Pointon
Constable JPI176
Palmerston Police
Southern District



August Update

Reports of poor driving behaviour have also been received from members of the public, which have resulted in offending motorists being educated about their driving.

Winter/Spring weather - wind/rain/ice have been factors in recent crashes attended, with the motorists involved not driving to the conditions.

A recent Civil Defence meeting attended by Police and the Waihemo Community Board, identified the potential benefits of also having involvement from younger members of our community.

If you are interested, or would like to find out more about what is involved, please contact the Editor of the Palmerston Local.

Non-Emergency reports to Police can be made by calling 105, or making an online report via police.govt.nz/use-105. Emergencies can be reported by calling 111.



Palmerston Local Community News Colouring Competition.

FULL NAME _____

AGE _____ OR ADULT ENTRY

EMAIL/PHONE* _____

*This is so we can notify the winner(s) and can be a parent's contact details.



"Spring Flowers" by Zenobia Southcombe / Dwindle River Studio / @DwindleRiver



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Colouring Competition

Print or copy this page and colour it in - get creative with pencils, crayons, paints, felt pens, or whatever you can get your hands on! Fill in your details and drop off your completed page to be displayed at Palmerston Library to be in to win a prize kindly donated by Paper Plus Ōamaru.

Entries are due by the last day of the month.

palmerston Local
invites you to contribute to our community newsletter



You can contribute by:
 writing a regular column e.g. pet corner, church news
 sponsorship & advertising
 being interviewed about your hobbies or business.
 palmerstonlocaleditor@gmail.com



September

Palmerston Library Update!

Book Chat!



Join us on the first Tuesday of each month, the next will be on Tuesday 3rd September, 10.30-11.45am, followed by a cuppa. Come and join in the discussion of what's new and enjoyable in the book world!!

New Children's Books We've recently shelved a plethora of new children's books. Come and check them out.

Mahjong and Scrabble to be held every 2nd Tuesday from 1pm. (3rd & 17th September).



Childrens Lego Club. For ages 7 and up. Wednesday afternoons 3.00pm-4.30pm.



During school holidays, Wednesday mornings 10am-12pm.

Happy Hands Embroiderers and stitchers meet in the library every 4th Wednesday (next 25th September) at 10am and in the Community Hall every 2nd Wednesday of the month. Cuppa provided.

Currently displaying books which have recently come off the Adult Rental Fiction collection and also our Memory Care Collection; aimed at carers of and people with memory loss (eg Dementia, Alzheimers or brain injury). If you know of anyone in this position, please do come in and view the thoughtful collection.

Selection of DVDs on the shelves. Free to borrow on Free Film Fridays.

New non-fictions books: Magnolia Gardens by Anna Jacobs, Back to Birdsville by Fiona McArthur, 17 Years Later by J.P. Pomare, Hawthorn Close by Anna Jacobs, and Woman Missing by Sherryl Clark

Events: - Any suggestions for events would be greatly received.

CRANK UP 2024

East Otago Vintage Machinery Club

September
Saturday 21st 10am-4pm
Sunday 22nd 10am-1pm

Factory Road Palmerston

LIVE DISPLAYS OF VINTAGE TRACTORS AND MACHINERY

GOLD COIN ENTRY BBQ FUNDRAISER

We would love you to bring your own vintage car, truck or engine out and join us for the weekend

SELF CONTAINED CAMPSITE ONSITE
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034728089
henryfamily1@xtra.co.nz




Dunk it for Plunket is back this September!
www.dunkitforplunket.nz



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More info and directions

Ardleigh Golf Club: News From The Links!



A fun well groomed 9 hole golf course situated on Sutherlands Road, 2 minutes drive from Palmerston.

Green Fees \$20 - All welcome!
Clubrooms available for hire!
Contact Cliff: 021 352 730

August Update From The Club Captain.

Ardleigh Golf Club hosted the Masters Pennants on August 5th. 48 golfers played in fine conditions. Both teams won all there matches. The monthly medal comp. on August 3rd was won by Craig Thurston with a net 63 score.

The club is putting up new signage on course and conditions are excellent after the rain. Ardleigh Senior B team played up at Oamaru against North Otago and was beaten 3 to 1. Was a great day.

Happy Golfing!!



History of Ardleigh - Part 7

1949 was a highlight in the Ladies history as after much correspondence the then LGU delegate Mrs Burnett succeeded at Invercargill in having the Ardleigh remit carried. That membership of the LGU be based on a per capita basis instead of a standard 2 pounds per club. Mt G B Smith was elected the first life member followed in 1951 by Dr Thomas.

1955 saw the power laid to the clubhouse and in 1957 the 25th Jubilee was celebrated by the club with a buffet meal and dance. At this time progress was being made on the clubhouse extensions. A bulldozed track and small carpark was approved and a mighty explosion for an "outhouse" controlled by Ron Glover, explosions manager at the Milburn Limeworks at Dunback. Subs were now set at 3pounds and 2.5pounds/-. This was also the year G Thomson(BNZ) moved that investigations be made into the purchase of a new ground on the estate of G A Jones, Meadowbank. This was not purchased.

To be continued next issue.....



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EAST OTAGO HEALTH – September 2024

Kia ora koutou katoa, an update from the team at East Otago Health - Palmerston & Waikouaiti.

Health Coach / Support worker

Gemma Fairbairn who has taken up the role of HC/SW. Gemma will be working two days per week in practice with our patients for lifestyle and diet advice, and her appointments are FREE!

Gemma has a Walking Group - Mondays leaving at 9.30am sharp - meet at the playground carpark in Runbrake Street. Good walking shoes please!

Please talk to one of our friendly team about an appt with Gemma, or call 034651444 to speak with her direct.

Flu Vaccinations

We still have Flu vaccinations, please call for your appointment booking 03 4651444

Kia kaha

Jane Roberts, Practice Manager and all the team at East Otago Health

Online Enrolling

You can now enrol online in a few easy steps. Scan the QR code on our website or Facebook page, (East Otago Health) and follow the process. We are open for all new enrolments, just follow this link <https://bit.ly/3S5BKMU>

Waikouaiti Clinic (please note these days may be subject to change last minute due to staff illness or leave)

This clinic is now open for all day Tuesday (Practitioner & Nurse), Wednesday Morning (Practitioner, Nurse and Phebotomist), Friday Morning (GP & Nurse). Please call 03 465-1444 for bookings.

Liquid Nitrogen

Please call for an appointment (sites for Liquid nitrogen should be viewed by a clinician prior to making this appt). These are done once a month.

Podiatrist – Ruth Tasker

Ruth's next clinic is the 12th September 2024, at Palmerston. Phone 03 465-1444 for an appointment.

Pregnancy, Acupuncture, Acupressure & Support with Lee-Ana

Lee-ana will be working from our Palmerston Clinic, this is to offer you alternative services closer to home. Please check out Lee-Ana's website www.lee-ana.nz for more information on what she does and how she may be able to help you.

Stay up to date with information from East Otago Health:

Our website is: <https://eastotagohealth.co.nz>
Facebook - East Otago Health

Other ways to access help if you need it

Just a thought - FREE online therapy courses: justathought.co.nz
1737 Need to talk?' is New Zealand's new national mental health & addictions helpline number. It is staffed by a team of paid counsellors who are available 24 hours a day 7 days a week.

Rural Support Trust—0800 787 254

Kidline—0800 543 754 (to 18 year olds)

Youthline—0800 376633

What's Up—0800 942 8787 (5-18 year olds)

Anxiety NZ—0800 269 4389

Suicide Crisis Helpline – 0508 828 865



Palmerston Walking Group

If you're a patient of East Otago Health come and join me for a friendly walk.

Any level of fitness is welcome.

Meeting every Monday from 24th of June, leaving 9:30am sharp at Runbrake Street Palmerston by play ground carpark for a 45ish minute walk.

Please bring suitable walking shoes and inhalers if needed.

Gemma Fairbairn - Health Coach

Any enquiries please email gfairbairn@sportotago.co.nz



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The Resurgence of Bridge and Romance.
 By Hayley Collins.

Romance Rekindled in the Bridge Resurgence

In a world where swiping left or right has become the norm for modern romance, there's an unexpected twist in the tale of love. Picture this: dimly lit rooms, the soft rustling of cards being dealt, and the subtle clinking of glasses—welcome to the resurgence of bridge, where love is dealt with a shuffle and a sigh. Gone are the days when finding love meant decoding cryptic emojis or deciphering poorly lit profile pictures. Instead, enter the world of bridge clubs, where the only swiping involves cards on a table, and the only emojis are the expressions on your partners face when you misread their signals. Now, you might be wondering, why would anyone choose bridge over the convenience of online dating? Picture your typical first date scenario: nervous small talk, awkward silences, and the constant fear of running out of things to say. Now, contrast that with bridge—a game that demands communication, strategy, and teamwork. Its like a crash course in compatibility, with a side of competitive spirit. Imagine this scene: two young hearts, fluttering nervously as they sit across the table from each other, their hands trembling not just from anticipation, but also from the sheer pressure of holding thirteen cards. The stakes are high, the tension palpable, and yet, amidst the chaos of bidding and bluffing, a connection begins to form—one that transcends mere attraction and delves into the realm of partnership. And lets not forget the undeniable charm of the bridge community itself. Forget swiping through endless profiles; at your local bridge club, there's a range of characters; from the seasoned veterans, to the wide-eyed newcomers eager to learn the ropes. Its like a romantic comedy waiting to happen, with each table offering its own unique blend of drama, humour, and unexpected plot twists. Of course, like any good love story, bridge isn't without its challenges. There will be moments of frustration, when your partners lead feels more like a betrayal than a bid for victory. There will be nights when you curse the cards for their cruel twist of fate, and moments when you wonder if you'll ever master the intricacies of the game. But therein lies the beauty of bridge: its not just about winning or losing, but about the journey you take together—the bonds you forge, the memories you create, and yes, the occasional argument over whether to finesse or play for the drop.

So, the next time you find yourself tempted to swipe right on yet another profile pic, why not take a chance on bridge? Who knows, you might just find that the real game of love is played not on a screen, but across a table, with a deck of cards and a twinkle in your eye.

East Otago Social Bridge Club - Wednesdays, RSA, 10 Pratt Street, Waikouaiti.



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The Older Kiwi Travellers

Though Palmerston is a beautiful town to live in, and NZ an amazing country, it is a privilege to sometimes be able to visit other countries and experience their sights, history and culture. We hope you enjoy Trevor and Di's travel – blogs about some of their overseas visits in this column. You can see more about their past travels, and keep up with the ones they are about to embark on by going to www.facebook.com/olderkiwitravellers or via their website www.olderkiwitravellers.com

In Search of Ghosts - Hillingdon Cemetery (London, UK)

Just a few minutes leisurely walk down the road from the Red Lion Hotel is Hillingdon cemetery. This is quite large, and as far as gathering places for the dead go - quite park-like to walk around. Though some will see it as a little ghoulish, both Di and I enjoy the history that is contained within cemeteries, each headstone details just a little of what was once a life full of emotions experienced, stories told, relationships formed, happiness and sadness shared. There is nothing non-living better than a headstone to act as a conduit of true focus on day to day life, and remind us of the gift that life is yet cannot last forever. Eventually we will be no more than that, an inscribed headstone, our mouth will no longer be imparting our thoughts upon others, and the inscribed words are our last words though written for us rather than by us. So, when we are in amongst the years of life we are provided with we should use them wisely and value every minute.

One of my rather strange goals I wanted to try and achieve while in the UK was to have a ghostly experience. After all, we fairly regularly hear about people seeing or hearing ghosts in the numerous historic houses and castles dotted around Wales, England, Scotland and Ireland, so surely, we would get to see something spooky! To try and aid my quest for the supernatural I had loaded an application on my phone called "Ghost Hunting Tools". The main "tool" on the app that I occasionally use is one that emits white noise that apparently (according to the app designer) allows spirits to use as a type of energy and in turn select from a database of words and accordingly bring them up on your phone screen. Yes, the likelihood is that it is all a load of nonsense, and random words just pop up on the screen no matter what, but hey it's just a bit of fun.

As we entered the cemetery I turned the app on, and it started making its slightly annoying 'white noise' sounds. If ghosts do in fact use this sound to extract energy to communicate, I have to wonder whether it is because they are desperate to speak with the living, or whether they hope it will mean the twit using the app will shut it off and stop the awful noise being emitted! For the first fifty metres or so of strolling through the cemetery no words came up on the screen of my phone, and it appeared the spirits there simply had nothing to say. The other possibility may have been they feared not being able to understand my kiwi accent if I attempted to speak back to them. As I approached one grave some words started to show on the ghost finder app. "Sorrow" "Pain" "Loss". Now keeping in mind this is just an app, and it is filled with words that can in turn supposedly be selected by spirits, having these particular words crop up can't be too much of a surprise. The next word was "Mother". I noticed on the grave that I had approached that seemed to trigger the words quickly appearing on my phone screen had a woman's name on it - Josephine, though I can't recall the surname now. Interestingly when I walked away from the grave the words stopped coming up, when I turned and walked back towards it they started coming back on my phone screen. Yes, definitely interesting. As we walked around the rest of the cemetery I passed an unnamed grave, words again started coming up on my screen, this time with a slight creepy tinge to them. "Revenge", "Hate", "Suffer", "Kill". Call me superstitious, I don't mind - I have been called a lot worse, but with the words and a feeling of something bad, something that really didn't feel right, I decided it was time to move as far away from that particular grave as was possible. As we walked out of the graveyard, I again came close to Josephine's grave, and the same words "Sorrow, Loss, Pain" once again showed on my phone, but also one other "Love". Maybe just all nonsense, maybe all just a coincidence - and maybe not. How about if you visit Hillingdon in London, you pay the cemetery a visit, use the app., and see whether sad words, bad words, or glad words pop up?

Trevor Lewis www.olderkiwitravellers.com



Palmerston Local Classified & Community Notices

Hobbies & Sports

Eastern Boating and Fishing Club Inc.
Contact: President Eric Boock
easternbfclub@gmail.com 0276869939

East Otago Art Group
Fortnightly at St. Johns Hall, Beach Street. Waikouaiti. 10.30am-2.00pm. \$5.00, bring your own art project to work on & a plate to share. Tea, coffee & scones provided. For more info & meeting dates contact Reywa Brown reywabrown@slingshot.co.nz or phone 022 254 7620

East Otago Woodturning Club. Contact Lou Tonkin 020 403 79635 for information.

Linedancing: Boot Scootin' with Marie Marie Perica - 021 1801756

Otago Eastern Districts Camera Club
Meets every second Monday of each month at St Mary's Church Hall, Stromness Street, Palmerston.

Palmerston Squash Club
For Information.
Contact: Rob Hewett 02766632748 or Anita Vickers 02102359454

East Otago Social Bridge Club
RSA 10 Pratt St Waikouaiti
Bridge on Wednesday evenings
Please be seated by 6.50pm
Refresher lessons available. All welcome
Contact: Secretary
EOBridge@outlook.com
or ph Susan 022 0214 722

East Otago Musical Theatre Inc.
President: Dave Keen, Secretary: Sharleen Snoeck, Treasurer: Sonya Watson. eomtproductions@gmail.com

Palmerston Scottish Country Dance Club
Tuesdays - 7-9pm. Clark Hall, Tiverton Street, Palmerston. New Members welcome!! Contact: Isabel (03)465-1659 or 0211053919, or Lynne (03)465-7714 or 0211484938

Contributions for October issue due by 20th September.

Palmerston Fibre Arts Group
Meets every Sunday 11am-2pm at the Palmerston Community Hall in Ronaldsay Street. Bring your fibre project and some food to share. We are a friendly group offering a welcoming space for creativity. Beginners welcome. Cost \$5.

Community Groups

The Macraes-Dunback Branch of Rural Women NZ meets monthly, usually the 3rd Thursday, for coffee and friendship. New members welcome. Contact: Sandra 021 516719 or Heather 027 4650888

St. John's Youth
106 Ronaldsay St, Palmerston
Each Monday of school term (not public holidays).
Penguins: Y1 to Y6 5.30pm-6.30pm
Cadets: Y7 - 18 yrs of age. 5.30pm-7:00pm
Division Manager: Annie McLeod
Contact: annie.mcleod@stjohn.org.nz

Lions Club of Palmerston
New Members very welcome. 2nd Monday of each month, starting at 6pm, Waihemo Lodge. Ph: Bruce 0272127075 or Ron 0274311535

Palmerston Garden Circle and share your passion for gardening with like-minded people! Our circle offers competitions, Garden Visits and more. All skill levels are welcome! Fourth Monday of Each Month - 1.30pm - at the Palmerston Community Centre. Please contact Leonie - 465 1764 or 0276413904 for more info.

Palmerston Seniors Club - Fortnightly meetings. New members welcome!
Contact: President: Ursula (Sherry) Sinclair - 0272972083 or Vice President: Joan Murdoch - 02041155839 for more information.

Happy Hands Craft Group - Meet 10am, 2nd Wednesday of month at the community centre & 4th Wednesday at the Palmerston Library. All welcome! Contact Debbie on 0274728813 for more information.

Churches

St. James Presbyterian Church welcomes everyone to services on Sundays at 10am, in the historic Church - 80 Tiverton Street, Palmerston. Enquiries: Heather Paton 027 4650888 or Paul Paton 021 711 447

Family Time

Palmerston Playcentre
Tuesdays & Wednesdays 8.45-11.45am during Term Time. For children 0-5yrs. Playcentre is based around play but also the early childhood curriculum. Each session costs \$4 per child. After 2.5 they can be left and the parent just has to do rostered Parent help but this can be flexible.

Waikouaiti/Palmerston Toy Library
Open between 12.00-1.30pm on Saturdays, excludes public holiday weekends and a period of closure over Christmas. The library is located at the Waikouaiti Racecourse. Range of membership options from \$5-\$60. Toys are suitable for children from 6 months to 8 years old. Enquiries to wptoylibrary@yahoo.co.nz



WAIKOUAITI MARKET
Sunday 1st September 2024
9.30am-1.30pm

WAIKOUAITI EVENTS CENTRE, 203 MAIN ROAD, WAIKOUAITI

- New stalls
- Support local
- Mostly artisan stalls
- Indoor Markets
- Flat ground and wheelchair accessible
- Sausage sizzle

Upcoming Market Dates:

- Sunday, 4th August 2024
- Sunday, 8th October 2024
- Sunday, 10th November 2024
- Sunday, 1st December 2024

For stall registrations and info contact Lisa by:
Email: waikouaitimarkets@gmail.com, text: 022 690 4908
or message the Waikouaiti Markets Facebook page

East Otago Camera Club: Photos of the Month

Each month the local camera club sets a theme or topic to challenge members. Last mh's theme was 'Tabletop/Open'. The Camera Club meets every second Monday of the month at 7:30pm, at the St Mary's Church Hall on Stromness Street. New members welcome, from beginners to experienced photographers.



Clockwise from left: *Leaning Tower* (Michelle Brunton), *Resting Bee Face* (Dianne Lewis), *Grabbing the Moon* (Linda Watson).

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