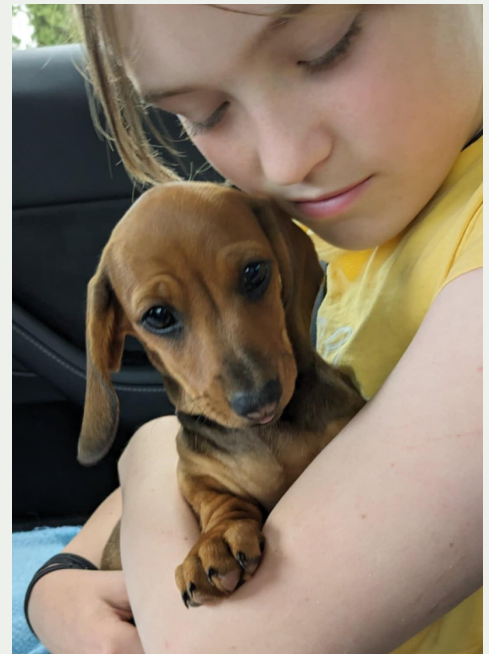




# Animal Aroha

*Let your Tamariki experience our therapeutic animals*



***Reduce cortisol while boosting serotonin and oxytocin naturally.***

*Interacting with animals helps tamariki reduce stress, build confidence, improve their mood and overall well being.*

*We foster empathy and responsibility while facilitating open expressions of feelings of love. Our environment provides opportunity to talk freely about emotions and feeling.*

Each session can include:

- Hanging out with our herd of guinea pigs, friendly chooks, ducks, cats, dogs and pet rat. Cuddles with our dachshund.
- Tamariki can feed, pat, groom, cuddle the animals as they wish.
- Helping to care for the animals might mean collecting food for them, collecting eggs, feeding them, giving hair cuts as needed.
- Building fine motor skills as they feed, pat, and groom the animals.
- Each session lasts up to an hour animal and tamariki dependant, contact me for price.



**Find My Tribe**

Supporting neurodivergent whanau

**Book a session, contact Hannah**

**Ph: 021 171 8849**

**[www.findmytribe.nz](http://www.findmytribe.nz)**

Respite funding accepted