SPORT REPORT – Term 4, Week 1

With Term 4 beginning last week, so does a new term of Norwood International School Sports programs. An amazing number of students are donning the blue, red and gold in Term 4, with over 220 students participating in a range of sports.

We wish all out students and our coaches a successful Term 4, hear what some of our coaches had to say:

BOYS VOLLEYBALL

Senior A/Senior B

Our Senior A team had a tough start for the term having a new team of experienced and newer players combined. However, there was still a lot of great plays and rallies from the boys and a lot to be excited about as we work throughout the term. An was our best player in the Senior A team.

Our Senior B team also had a loss with a lot of new players which is great to see for volleyball at NIHS. Great work from Hyun Woo to help lead the team and try and guide the newer players, again a lot of work to do but a lot to look forward to.

- Keiran B

Senior C

The teams first game was positive; every set was close. Great start to the season, more improvement could see us win lots of games.

- Brady S

Middle A/Middle B

Norwood's Middle Boys A Volleyball team went down 2–1 to Concordia in a close match. Despite strong teamwork and effort, Concordia were too strong in the first two sets and took the game.

Thomas was our best player, his blocking, serving and hitting were all exceptional.

As for our Middle B team, despite a strong effort for a first game together as a playing group Concordia had too much experience and we were slightly outmatched.

Oscar played well, with elite serving and his positive team morale

- Ben S

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GIRLS VOLLEYBALL

Senior B Blue

Our Senior B team had a loss against Kildare College, losing 2 sets to 1 set, played at Nazareth College. Attention turns to the NIHS Derby this weekend against the Senior B girls team.

Senior B Red

NIHS was poised to win the second set when Gleeson put on a run of points from good serving to snatch the set from us. Overall, a solid effort from the girls who were the most consistent team on the day, and I was happy with the teamwork that they exhibited.

The first set win was set up by a winning run of points from Luisa's serving that demonstrated the importance of getting serves into play consistently.

Very difficult to single out a best player which is a good problem to have but was impressed with Xantheh's overall consistent play and good serving.

Well done girls, we just need to work on closing out a match but a great first game effort.

- Grant F

Senior C

Our Senior C team came up against a tough opponent; however we held good rallies. Our serving was good, however passing was an area for improvement. Gaby performed well, she had great and consistent passing and serving and covered for team really well

- An Viet N

Middle A

Norwood Middle A team grew more confident and defeated Nazareth in their own school as they came back behind ten points in the second set and took the third set with a twelve-point lead. They played together amazingly!

Teodora Nikolic was our best, her performance and confidence increased through the game. She covered her teammates on court and had some awesome saves. She also took on my advice and had a good drive through the whole game.

- Zoe L

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Middle B Blue/Middle B Red

Our Middle B Blue team won 3-0 against SIC displaying serving prowess and teamwork throughout the whole game. Vivian was very consistent serving and high effort across the court.

Unfortunately, our Middle B Red girls conceded two sets after winning the first, but they showed promising signs for future games. Salima played a strong game with high quality digging and setting and emphasising teamwork.

- Matt C

Middle C Blue

It was a tight game against Sacred Heart College; but the girls persevered and secured a win despite only having 5 players. Our best was Harshita who displayed strong serves secured a lot points, good team spirit and encouraging the team.

- Clair L & Gabriella T

Middle C Red

Our Middle C Red team had a dominant win in their matchup against Kildare College winning 3/75 – 0/18 and this weekend will have the challenge of playing against Nazareth College at their home venue.

Year 7B Blue

It was quite an interesting match as we lost to that team both times last season, but we managed to grasp the victory this time. Utilising teamwork, communication, and a good attitude!

Best player this week goes to Senara for her consistent serving.

- Lily H

Year 7B Red

We had a very close game with lots of rallies. St Michael's won the first set, NIHS won the second and then St Michael's won the final set running out eventual winners.

Aliya was rewarded Best Player after a consistent effort across the entire match.

- Ayla M-S

Year 7C

The first set the team was still getting the hang of it and experienced a few errors in passing but they didn't lose hope and fought hard especially in the second and third set where both teams were neck and neck for almost the entirety of the sets.

Chrisa was exceptional serving gaining a total of 7 points being aces.

GIRLS BASKETALL

Year 8/9

We came up against a very good Loretto side, who knew what they were doing, while we are a team still developing and getting better. They ran a full-court trap on us that we couldn't get past. Still, plenty of positives to take; the intention to move the ball forward in transition was great, like Term 1. As I told the girls, be like Dory, short-term memory, onto next week.

I was impressed with **Lucinda** with her gutsy, non-stop running, commitment and stayed positive even when getting blown out.

Year 7

The girls started with 4 players which was really hard considering they'd only trained once together. They all tried hard but the other team had an extra, so it was hard to score and defend. At half time one of our players showed up so then it was an even contest. We limited the other team's scores for the second half which was amazing. The girls were putting up a lot of good shots, but they just didn't want to sink today. They all tried hard and worked well as a team, communicating very positively. Very proud of this group!!

Eloise was our best for her effort throughout the game was amazing! considering we only had 4 players at the start she tried hard and put up a lot of good shots that unfortunately just didn't go in. She was loud and very positive towards her teammate.

- Polly T

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TENNIS

Middle C Boys Blue

Our first game of the season against scotch was an awesome matchup. Both teams displayed great sportsmanship and ended up having some really close matches.

Some stand out performances were Owen and Elias who both played their first ever matches today, improving drastically as the day went on and really challenged their more experienced opponents.

We saw a new double pairing in Adam and Long who could prove to be a great duo as the season goes on. Our top doubles stood strong with Ruka and Sheng Xuan playing at a very high standard all day.

Overall, a very positive start to our season!!

Ruka put in a solid performance in his matches winning doubles 6-0 and singles win 6-1. Ruka led from the front displaying some excellent tennis along with great sportsmanship and support for the team in our first game of the season!!

- Mr. Hopkins

Middle C Boys Red

Norwood High School defeated Unley High School 7 matches to 2, winning both doubles and 3 out of the 5 singles. Great first week!

Raghuveer was outstanding, winning 6-0 in his singles match and played extremely well

- Mr. Hill

Middle C Girls

Our Middle C Girls team had a tight win at home against Sacred Heart College, winning 3/26 to 3/24. This weekend we will take on Marryatville in an away fixture.

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BADMINTON

Senior A/Senior B

Our Senior A team started off well, everyone showed up on time and work well together. All matches were professional played and went smoothly. Players were respectful to each other which was great to see.

Finn has good control in both singles and doubles with good shot selection; he was consistent and calm when it mattered most.

Our Senior B team also had a good first match, although we had to forfeit a couple sets due to low numbers which ultimately cost us the win.

Narendran was very calm and composed in his matches and fought hard for his points.

- Amirah & An

Middle A/Middle B Red

Both teams had some positive moments throughout their matches. Our Middle A team lost against Blackfriars 3 sets to 6 sets. Our Middle B Red team also had some really strong matches and walked out winners against Blackfriars winning 8 sets to 1 set.

Year 7 Red

Our Year 7 Red team had a good, tight win against Pembroke College, played at Norwood International winning 7 sets to 5 sets. The Year 7 Red team will take on Marryatville in an away fixture.

UPCOMING DATES

Friday, 30th October (TBC) – Year 9/10 Knockout Cricket v Morialta @ Norwood International High School

Friday, 5th November – Year 7, 8, 9 & 10 Netball Carnival @ Morialta Secondary School