



**Better coaches.
Better
experiences.**



**Get your
coaches ready
for summer**



**Want to
become a better
coach?**

Get ready for summer sport!

New Zealand Certificate in Sport Coaching (Level 3)

Kia kaha ki te whakangungu | Coach with confidence. Back yourself.

Are you a beginner or developing community coach?

Build your coaching confidence, develop practical skills and gain a nationally recognised qualification, while continuing to coach your own team.

Te Mahi Ako's summer facilitated cohort is designed for coaches working with beginner-level athletes across community sport.

Mō te hōtaka | About the programme

A practical, work-based qualification that helps you become a more confident and capable coach.

You'll learn through your own coaching, supported by experienced facilitators, assessors and Te Mahi Ako's learner support team.

40 credits | Level 3 | Approximately 8 months | Online

Ngā kaupapa | What you'll learn

- Understand yourself and your coaching identity
- Build positive relationships with athletes
- Plan, deliver and review coaching sessions
- Create safe, inclusive and supportive environments
- Manage health, safety and injury prevention
- Understand the rules and organisations relevant to your sport
- Reflect on and improve your coaching practice.

Tautoko ākongā | Learner support

You won't be doing it alone.

You'll have support from:

- Experienced facilitators and assessors
- Your Te Mahi Ako Regional Advisor
- Learner support services
- Your club or host organisation

- Other coaches taking part in the cohort.

You'll also take part in six online facilitated sessions throughout the programme.

Ngā paearu | Eligibility

You must:

- Be 16 years or older
- Be coaching at least three beginner-level athletes
- Be connected to a recognised sports club or host organisation
- Have reliable internet and access to a laptop or iPad with a camera and microphone
- Have access to a phone or similar device to record your practical coaching
- Have your club or organisation support your learning through a Relationship Agreement.

Commitment:

Around 2–3 hours per week for self-directed learning, planning and completing practical work on-the-job with your team, plus six 60-minute online facilitated sessions throughout the programme.

Key dates

Enrolments: August–September 2026

Induction: Week of 12–16 October 2026

Facilitated sessions begin: Week of 19–23 October 2026

Duration: Approximately 8 months

Cost

FREE for eligible New Zealand citizens and residents, and Australian citizens and residents.

Develop your skills. Build your confidence. Create better experiences for your athletes.

Enrol now – Tono ināianeī



**Scan this
QR code
if you are
a club or
workplace**



**Scan this
QR code
if you are
a learner**

**Scan the QR codes for more information!
Use the programme code – Coach**

Contact:

Emma Brown

Email: emma.brown@temahiako.org.nz

Call: 027 640 0185



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